



St. Teresa Parents and Care Givers ! WE need YOU! Our daily Nutrition For Learning Program that provides a healthy snack option to every child within our school community needs your help! We are only able to run this amazing program with the generosity of people like you! The commitment is small and up to you! One day, two days, three days per week – YOU decide!.

We need volunteers in the early mornings for 30 minutes to prepare and distribute snack bags to the classrooms, and early afternoon volunteers Wednesdays for approximately 1 hour for any sorting of food items. If you are interested and require additional information please contact our Nutrition for Learning Co-ordinator and fellow parent volunteer, Lisa Kuepfer via email at lkuepfer3414@rogers.com